

**Champions Arise Study Guide**  
**Series: Every Man a Warrior, Program: #19 (EMAW 19)**  
**Who's in Control?**

Focus passage – Ephesians 6:4 *“Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.”*

1) What are some of the challenges you have had raising a teenager?

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2) What is the first goal for training (not controlling) teenagers?

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3) What is the second goal for training teenagers?

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4) What is the third goal for training teenagers?

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*“I can do all things through Christ who strengthens me.”* Philippians 4:13

5) What is the fourth goal for training teenagers?

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6) What is the fifth goal for training teenagers?

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**Commitment:** I commit to training and not controlling my teenagers.

## Who's in Control? – LEADER'S GUIDE

1. Thank everyone for coming.
2. Open in prayer
3. Read the focus passage.
4. Ask men to answer Question #1.
5. Listen to the program: "Who's in Control"
6. After the program is finished, allow time for comments or questions on the program
7. Review the answers to the five remaining questions with the men in the group.  
Encourage everyone to participate, but never force or shame someone into participating.
  - a. Question #2 answer: Help our teenagers think and make wise decisions.
  - b. Question #3 answer: Help our teenagers learn the consequences of the decisions they make.
  - c. Question #4 answer: Help our teenagers to believe he or she can succeed.
  - d. Question #5 answer: Give our teenagers the freedom to mature.
  - e. Question #6 answer: Keep communication open and focus on the relationship.
8. Ask the men what was most important to them from this teaching.
9. Ask the men to commit to help each other build strong, godly, relationships with their teenagers or adult children.
10. Confirm the time for the next meeting
11. Take prayer requests.
12. Close in prayer

Sample prayer: Almighty God, please help me to see when I'm trying to control my teenagers instead of training them. In Jesus name. Amen.